



2012 Weekly Clinics

Get in the gym for extra technical training throughout the tournament season by our elite level coaches. A large percentage of the Pacific Juniors coaching staff are experienced collegiate coaches and players with a remarkable wealth of technical volleyball skills. Utilize this great resource at a low cost!

Our weekly clinics are designed for Pacific Juniors club team players. These workouts are an excellent way to supplement your team practices with skill breakdowns and position-specific training.

Pacific Juniors skill systems will be emphasized along with concepts currently being taught at the collegiate and national levels.

<u>High School</u> <u>All Positions Clinic</u>	<u>Junior High</u> <u>Hitting Clinic</u>	<u>Junior High</u> <u>Serve and Pass Clinic</u>
December Date: 12/9 4:00 – 5:00 PM	December Date: 12/9 5:00 - 6:00 PM	December Date: 12/16 5:30 – 6:30 PM
Jan/Feb Dates: 1/6, 1/20, 2/3, 2/17 7:00 – 8:00 PM	Jan/Feb Dates: 1/6, 1/20, 2/3, 2/17 6:00 – 7:00 PM	Jan Feb Dates: 1/13, 1/27, 2/10, 2/24 5:30-6:30 PM
Cost: \$10	Cost: \$10	Cost: \$1

***** No pre-registration required *****

For more information on Pacific Juniors Camps and Clinics,

Visit our website:

www.pacificjuniorsvolleyball.com